

Lúnasa 2013

Luan 26 ^ú	Máirt 27 ^ú	Céadaoin 28 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 29 ^ú	Aoine 30 ^ú	Satharn 31 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Anyone who has never made a mistake has never tried anything new”</i> Albert Einstein</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“The great pleasure in life is doing what people say you cannot do.”</i></p>
5in	5in	<p>Walter Bagehot</p>

Meán Fómhair 2013

Luan 2 ^ú	Máirt 3 ^ú	Céadaoin 4 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 5 ^ú	Aoine 6 ^ú	Satharn 7 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	<p><i>"If you can react the same way to winning and losing, that is a big accomplishment. That quality is important because it stays with you the rest of your life."</i></p> <p><i>Chris Evert</i></p>
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"When children in my class live every day with approval, Each child learns to like him/herself more."</i></p> <p><i>Anonymous</i></p>
5in	5in	

Meán Fómhair 2013

Luan 9 ^ú	Máirt 10 ^ú	Céadaoin 11 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 12 ^ú	Aoine 13 ^ú	Satharn 14 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Drive with care; life has no spare.”</i></p> <p>Anonymous</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“The hand that gives, gathers.”</i></p> <p>Anonymous</p>
5in	5in	

Meán Fómhair 2013

Luan 16 ^ú	Máirt 17 ^ú	Céadaoin 18 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 19 ^ú	Aoine 20 ^ú	Satharn 21 ^ú
nótaí	nótaí	
8am	8am	<p><i>“The opportunity of a lifetime must be taken during the lifetime of opportunity!”</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“Most things which are urgent are not important, and most things which are important are not urgent.”</i></p> <p><i>President Dwight Eisenhower</i></p>
5in	5in	

Meán Fómhair 2013

Luan 23 ^ú	Máirt 24 ^ú	Céadaoin 25 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 26 ^ú	Aoine 27 ^ú	Satharn 28 ^ú
nótaí	nótaí	
8am	8am	<p><i>"If it's a good idea, go ahead and do it. It is much easier to apologize than it is to get permission."</i></p> <p><i>Admiral Grace Hopper</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"We must become the change we want to see."</i></p> <p><i>Mahatma Gandhi</i></p>
5in	5in	

Meán Fómhair 2013 / Deireadh Fómhair 2013

Luan 30 ^ú	Máirt 1 ^ú	Céadaoin 2 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 3 ^ú	Aoine 4 ^ú	Satharn 5 ^ú
nótaí	nótaí	
8am	8am	<p><i>“People are more easily led than driven.”</i></p> <p>David Harold Fink</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“Age is strictly a case of mind over matter. If you don't mind, it doesn't matter.”</i></p> <p>Jack Benny</p>
5in	5in	

Deireadh Fómhair 2013

Luan 7 ^ú	Máirt 8 ^ú	Céadaoin 9 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 10 ^ú	Aoine 11 ^ú	Satharn 12 ^ú
nótaí	nótaí	
8am	8am	<p><i>"No one is listening until you make a mistake."</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"For every action there is an equal and opposite criticism."</i></p> <p><i>Anonymous</i></p>
5in	5in	

Deireadh Fómhair 2013

Luan 14 ^ú	Máirt 15 ^ú	Céadaoin 16 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 17 ^ú	Aoine 18 ^ú	Satharn 19 ^ú
nótaí	nótaí	
8am	8am	<p><i>"Experience is something you don't get until after you need it."</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Depression is merely anger without enthusiasm."</i></p> <p><i>Anonymous</i></p>
5in	5in	

Deireadh Fómhair 2013

Luan 21 ^ú	Máirt 22 ^ú	Céadaoin 23 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 24 ^ú	Aoine 25 ^ú	Satharn 26 ^ú
nótaí	nótaí Final Day of Term	
8am	8am	"Statistics indicate that, as a result of overwork, modern executives are dropping like flies on the nation's golf courses." <i>Anonymous</i>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	"One of the symptoms of an approaching nervous breakdown is the belief that one's work is terribly important." <i>Anonymous</i>
5in	5in	

Deireadh Fómhair 2013

Luan 28 ^ú	Máirt 29 ^ú	Céadaoin 30 ^ú
Mid-Term Break Public Holiday	Mid-Term Break	Mid-Term Break
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12pm	12pm	12pm
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Deireadh Fómhair 2013 / Samhain 2013

Déardaoin 31 ^ú	Aoine 1 ^ú	Satharn 2 ^ú
nótaí Mid-Term Break	nótaí Mid-Term Break	
8am	8am	<p><i>"The best way to predict the future is to invent it."</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"It is a fine thing to have ability, but the ability to discover ability in others is the true test."</i></p> <p><i>Elbert Hubbard</i></p>
5in	5in	

Samhain 2013

Luan 4 ^ú	Máirt 5 ^ú	Céadaoin 6 ^ú
School Re-Opens	<p>Make preparations for protecting the school building against bad weather –</p> <p>Download checklist from ippn.ie</p> <p>Refer to your Allianz Guide "Protecting Your School from Fire and Weather Related Losses"</p> <p>for helpful tips and advice.</p>	
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 7 ^ú	Aoine 8 ^ú	Satharn 9 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Judge a tree from its fruit; not from the leaves.”</i> Euripides</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“It is wise to look ahead; but foolish to look further than you can see.”</i> Anonymous</p>
5in	5in	

Samhain 2013

Luan 11 ^ú	Máirt 12 ^ú	Céadaoin 13 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 14 ^ú	Aoine 15 ^ú	Satharn 16 ^ú
nótaí	nótaí	
8am	8am	<p><i>"For every minute I am angry, I lose sixty seconds of happiness!"</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"No one is a failure – who is enjoying life!"</i></p> <p><i>Anonymous</i></p>
5in	5in	

Samhain 2013

Luan 18 ^ú	Máirt 19 ^ú	Céadaoin 20 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 21 ^ú	Aoine 22 ^ú	Satharn 23 ^ú
nótaí	nótaí	
8am	8am	<p><i>"If 'It can't be done!' was the motto of world leaders, then we'd still be living in the stone age!"</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Judge each day, not by the harvest but by the seeds you plant!"</i></p> <p><i>Anonymous</i></p>
5in	5in	

Samhain 2013

Luan 25 ^ú	Máirt 26 ^ú	Céadaoin 27 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 28 ^ú	Aoine 29 ^ú	Satharn 30 ^ú
nótaí	nótaí	
8am	8am	<p><i>"We are continually faced with a series of great opportunities brilliantly disguised as insoluble problems."</i></p> <p><i>John W. Gardner</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort."</i></p> <p><i>Herm Albright</i></p>
5in	5in	

Nollaig 2013

Luan 2 ^ú	Máirt 3 ^ú	Céadaoin 4 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 5 ^ú	Aoine 6 ^ú	Satharn 7 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Don't make decisions because they are the easiest, the cheapest, or the most popular. Make your decision because it's right.”</i></p> <p>Theodore Hesburgh</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“Whatever you are, be a good one.”</i></p> <p>Abraham Lincoln</p>
5in	5in	

Nollaig 2013

Luan 9 ^ú	Máirt 10 ^ú	Céadaoin 11 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 12 ^ú	Aoine 13 ^ú	Satharn 14 ^ú
nótaí	nótaí	
8am	8am	<p><i>"The secret is to work less as individuals and more as a team. As a coach, I play not my eleven best, but my best eleven."</i></p> <p>Knute Rockne</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Leadership is practiced not so much in words as in attitude and in actions."</i></p> <p>Harold S. Geneen</p>
5in	5in	

Nollaig 2013

Luan 16 ^ú	Máirt 17 ^ú	Céadaoin 18 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 19 ^ú	Aoine 20 ^ú	Satharn 21 ^ú
nótaí	nótaí Final Day of Term	
8am	8am	"Mistakes are the portals of discovery." James Joyce
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	"He that cannot obey, cannot command." Benjamin Franklin
5in	5in	

Nollaig 2013

Luan 23 ^ú	Máirt 24 ^ú	Céadaoin 25 ^ú
Christmas Holidays	Christmas Holidays	Christmas Day
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 26 ^ú	Aoine 27 ^ú	Satharn 28 ^ú
<i>nótaí</i> St. Stephen's Day	<i>nótaí</i> Christmas Holidays	
8am	8am	<p><i>"Most people would rather be certain they're miserable, than risk being happy."</i></p> <p><i>Robert Anthony.</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Worry is a mind doing too much! How was your last night - be honest!"</i></p> <p><i>Anonymous</i></p>
5in	5in	

Nollaig 2013 / Eanáir 2014

Luan 30 ^ú	Máirt 31 ^ú	Céadaoin 1 ^ú
Christmas Holidays	New Year's Eve	New Year's Day
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 2 ^ú	Aoine 3 ^ú	Satharn 4 ^ú
<i>nótaí</i> Christmas Holidays	<i>nótaí</i> Christmas Holidays	
8am	8am	<i>"You'll never know unless you try!"</i> <i>Anonymous</i>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

Domhnach 5^ú

"The reasonable man adapts himself to the world; the unreasonable one persists in trying to adapt the world to himself. Therefore all progress depends on the unreasonable man."
George Bernard Shaw

Eanáir 2014

Luan 6 ^ú	Máirt 7 ^ú	Céadaoin 8 ^ú
School Re-Opens		
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12pm	12pm	12pm
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 9 ^ú	Aoine 10 ^ú	Satharn 11 ^ú
nótaí	nótaí	
8am	8am	<p><i>"Happiness is a choice that requires effort at times."</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"The only test of leadership is that somebody follows."</i></p> <p><i>Robert K. Greenleaf</i></p>
5in	5in	

Eanáir 2014

Luan 13 ^ú	Máirt 14 ^ú	Céadaoin 15 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 16 ^ú	Aoine 17 ^ú	Satharn 18 ^ú
nótaí	nótaí	
8am	8am	<p><i>"Live out of your imagination, not your history."</i> Stephen Covey</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Wisdom begins in wonder"</i> Socrates</p>
5in	5in	

Eanáir 2014

Luan 20 ^ú	Máirt 21 ^ú	Céadaoin 22 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 23 ^ú	Aoine 24 ^ú	Satharn 25 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Success is the ability to go from one failure to another with no loss of enthusiasm”</i> Winston Churchill</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“He who asks a question is a fool for five minutes, he who dies not ask a question remains a fool forever”</i> Chinese Proverb</p>
5in	5in	

Eanáir 2014

Luan 27 ^ú	Máirt 28 ^ú	Céadaoin 29 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 30 ^ú	Aoine 31 ^ú	Satharn 1 ^ú
nótaí	nótaí	
8am	8am	<i>"Only Connect"</i> Em Forester
9am	9am	
10am	10am	
11am	11am	
12am	12am	Domhnach 2^ú
1in	1in	
2in	2in	
3in	3in	
4in	4in	<i>"No one is wise enough by himself"</i> Platus
5in	5in	

Feabhra 2014

Luan 3 ^ú	Máirt 4 ^ú	Céadaoin 5 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 6 ^ú	Aoine 7 ^ú	Satharn 8 ^ú
nótaí	nótaí	
8am	8am	<p><i>“The world we have created is a product of our own thinking: it cannot be changed without changing our thinking”</i></p> <p><i>Albert Einstein</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	Domhnach 9^ú
1in	1in	
2in	2in	
3in	3in	<p><i>“Most people overestimate the effects of change in the short term, underestimate them in the long term and fail to spot where change will be greatest”</i></p> <p><i>Frances Cairncross</i></p>
4in	4in	
5in	5in	

Feabhra 2014

Luan 10 ^ú	Máirt 11 ^ú	Céadaoin 12 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 13 ^ú	Aoine 14 ^ú	Satharn 15 ^ú
nótaí	nótaí Final Day of Term	
8am	8am	"People are disturbed not by things, but by the view they take of them" Epictetus
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	"When everything is coming your way, you are in the wrong lane and are obviously going the wrong way." Anonymous
5in	5in	

Feabhra 2014

Luan 17 ^ú	Máirt 18 ^ú	Céadaoin 19 ^ú
Mid-Term Break*	Mid-Term Break*	Mid-Term Break*
* Schools can close for mid-term on either 17th - 21st February inclusive or 20th & 21st February inclusive. Schools may use 3 discretionary days to extend to a 5 day mid-term		
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12pm	12pm	12pm
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 20 ^ú	Aoine 21 ^ú	Satharn 22 ^ú
nótaí Mid-Term Break*	nótaí Mid-Term Break*	
8am	8am	<i>"Imagination is more important than knowledge"</i> Albert Einstein
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<i>"If a man would move the world, he must first move himself"</i> Socrates
5in	5in	

Feabhra 2014

Luan 24 ^ú	Máirt 25 ^ú	Céadaoin 26 ^ú
School Re - Opens		
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 27 ^ú	Aoine 28 ^ú	Satharn 1 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Don’t throw away the bucket until you know whether the new one holds water”</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“Nothing endures but change”</i></p> <p><i>Heraclitus</i></p>
5in	5in	

Márta 2014

Luan 3 ^ú	Máirt 4 ^ú	Céadaoin 5 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 6 ^ú	Aoine 7 ^ú	Satharn 8 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Daring ideas are like chessmen moved forward. They may be beaten, but they want to start winning the game.”</i></p> <p>Goethe</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“It is an ironic habit of human beings to run faster when we have lost our way”</i></p> <p>Rollo May</p>
5in	5in	

Márta 2014

Luan 10 ^ú	Máirt 11 ^ú	Céadaoin 12 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 13 ^ú	Aoine 14 ^ú	Satharn 15 ^ú
nótaí	nótaí	
8am	8am	<p><i>"It is the supreme art of the teacher to awaken joy in creative expression and knowledge"</i></p> <p>Albert Einstein</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	<p><i>"Knowledge is Food for the soul"</i></p> <p>Plato</p>
4in	4in	
5in	5in	

Márta 2014

Luan 17 ^ú	Máirt 18 ^ú	Céadaoin 19 ^ú
St. Patrick's Day		
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 20 ^ú	Aoine 21 ^ú	Satharn 22 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Man (including woman) is the only animal that blushes, or needs to!!”</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“The greatest fault is to be conscious of none.”</i></p> <p><i>Anonymous</i></p>
5in	5in	

Márta 2014

Luan 24 ^ú	Máirt 25 ^ú	Céadaoin 26 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 27 ^ú	Aoine 28 ^ú	Satharn 29 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

MANAGE YOURSELF*- NOT TIME!*

The world is full of time management gurus yet everyone has only 24 hours in the day. Perhaps focusing on managing oneself rather than one's time would be a more fruitful exercise.

While the following strategies detailed in the weeks up to the end of June 2008 may appear too simplistic in their approach to be successful, they are in fact highly effective methods for any busy school Principal to manage themselves.

Domhnach 30^ú**10 Self-Care Commandments For Principals**

I. Before the end of term, arrange a meeting with your BoM chairperson and Deputy Principal to make a collective list of the main outstanding tasks for the months ahead.

Márta 2014 / Aibreán 2014

Luan 31 ^ú	Máirt 1 ^ú	Céadaoin 2 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 3 ^ú	Aoine 4 ^ú	Satharn 5 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

**MANAGE YOURSELF
- NOT TIME!**

Do not answer the telephone. While answering the telephone may appear like a good way to deal with things as they happen, it does mean that the Principal is constantly reacting to the information and problem-solving needs of others.

Domhnach 6^ú

10 Self-Care Commandments For Principals

II. Collectively prioritise key tasks and decide which items can wait until September. Just because the school has been given a deadline, plan your response based on what you consider to be a reasonable time frame.

Aibreán 2014

Luan 7 ^ú	Máirt 8 ^ú	Céadaoin 9 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 10 ^ú	Aoine 11 ^ú	Satharn 12 ^ú
nótaí	nótaí Final Day of Term	
8am	8am	
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

Domhnach 13^ú

10 Self-Care Commandments For Principals

III. Examine each of the prioritised tasks and decide who should take responsibility for them.

Aibreán 2014

Luan 14 ^ú	Máirt 15 ^ú	Céadaoin 16 ^ú
Easter Holidays	Easter Holidays	Easter Holidays
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 17 ^ú	Aoine 18 ^ú	Satharn 19 ^ú
<i>nótaí</i> Easter Holidays	<i>nótaí</i> Good Friday	
8am	8am	
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

*MANAGE YOURSELF
- NOT TIME!*

If you stop and think about people who are really busy and who consistently get a lot of work done, they are often extremely difficult to contact by telephone. They either use answering machines or simply do not return calls unless they absolutely have to. This should be an essential rule of thumb for busy Principals. If the initial call is really important, then the caller will try to reach you again either by telephone or by some other means.

Domhnach 20^ú

10 Self-Care Commandments For Principals

IV. Delegate as much as possible to individual BoM members and the In-School Management team.

Aibreán 2014

Luan 21 ^ú	Máirt 22 ^ú	Céadaoin 23 ^ú
Easter Holidays Easter Monday	Easter Holidays	Easter Holidays
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 24 ^ú	Aoine 25 ^ú	Satharn 26 ^ú
<i>nótaí</i> Easter Holidays	<i>nótaí</i> Easter Holidays	
8am	8am	
9am	9am	<i>Answering the telephone is reactive behaviour, forcing us to respond to another person's agenda, thus disabling our own capacity to address our own priorities on a daily basis.</i>
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

Domhnach 27^ú

10 Self-Care Commandments For Principals

V. Where certain key functions such as recruitment must be scheduled, make a plan for July and August which facilitates the Chairperson, a Deputy Chairperson, Principal and Deputy Principal, to provide cover for each other whilst also being able to plan a family holiday etc.

Aibreán 2014

Luan 28 ^ú	Máirt 29 ^ú	Céadaoin 30 ^ú
School Re-Opens		
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12pm	12pm	12pm
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 1 ^ú	Aoine 2 ^ú	Satharn 3 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

MANAGE YOURSELF**- NOT TIME!**

Try an experiment for one week where you never answer the school telephone. Introduce a message pad or notebook and take time to train your secretary or senior children (in situations where there is only a part time secretary or perhaps no secretary at all) to ask questions, take messages, screen calls and dispatch basic information. Send Parents as much information as possible regularly in writing. The absence of constant telephone interruptions can, if utilised properly, significantly increase the amount of a Principal's time that is freed up to carry out other more important work.

Domhnach 4^ú**10 Self-Care Commandments For Principals**

VI. Arrange that the school secretary handles all mail during the holiday period. If you do not have a school secretary, delegate it as a task to some member of the ISM or BoM.

Bealtaine 2014

Luan 5 ^ú	Máirt 6 ^ú	Céadaoin 7 ^ú
<i>nótaí</i> May Day Public Holiday	<i>nótaí</i> School Re-Opens	<i>nótaí</i>
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 8 ^ú	Aoine 9 ^ú	Satharn 10 ^ú
nótaí	nótaí	
8am	8am	<p>MANAGE YOURSELF - NOT TIME!</p> <p>Create blocks of time....Some Principals and indeed other busy professionals; prescribe an exercise called 'blocking time'. For most Principals there are five blocks of time in the day. Before school, opening time to break time, break time to lunch, lunch to the end of the school day concluding with after school while the children to be collected or make their own way home.</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	<p>10 Self-Care Commandments For Principals</p> <p>VII. Organise a telephone answering machine. The voice message should advise parents why the telephone is not answered, where books and uniforms can be purchased, the date of school re-opening, how to apply for late enrolments etc.</p>
4in	4in	
5in	5in	

Bealtaine 2014

Luan 12 ^ú	Máirt 13 ^ú	Céadaoin 14 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 15 ^ú	Aoine 16 ^ú	Satharn 17 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	<p><i>MANAGE YOURSELF - NOT TIME!</i></p> <p><i>Be ruthless and selfish with your own time... perhaps offering a short period after school for parental contact, appointments etc. It is amazing how few parents will come back after school is over for an appointment with the Principal!</i></p>
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	<p><i>10 Self-Care Commandments For Principals</i></p>
4in	4in	<p><i>VIII. Delegate the responsibility to manage keys and alarm codes for summer camps, maintenance work, staff access and other unplanned events e.g. burglary, vandalism etc.</i></p>
5in	5in	

Bealtaine 2014

Luan 19 ^ú	Máirt 20 ^ú	Céadaoin 21 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 22 ^ú	Aoine 23 ^ú	Satharn 24 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	<i>Division of the time blocks during the day allows for clearer focus and less jumping from topic to topic in a whirlwind of unpredictable interruptions</i>
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	

Domhnach 25^ú

10 Self-Care Commandments For Principals

IX. Take a complete break from school by organising a holiday which physically prevents you from being available.

Bealtaine 2014

Luan 26 ^ú	Máirt 27 ^ú	Céadaoin 28 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 29 ^ú	Aoine 30 ^ú	Satharn 31 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	<p><i>MANAGE YOURSELF - NOT TIME!</i></p> <p><i>Every effective leader has to have time back from the front line where he or (s)he can think, plan, organise, strategise, etc. Such activities are essential if one is to be prepared for important meetings and events that have fixed deadlines</i></p>
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	<p><i>10 Self-Care Commandments For Principals</i></p>
4in	4in	<p><i>X. Remember that although you are the principal you are not indispensable. Turn off your mobile phone and take a decent holiday.</i></p>
5in	5in	

Meitheamh 2014

Luan 2 ^ú	Máirt 3 ^ú	Céadaoin 4 ^ú
nótaí Public Holiday	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 5 ^ú	Aoine 6 ^ú	Satharn 7 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	
5in	5in	
Domhnach 8^ú		
<i>"Anything scarce is valuable. Take praise as an example."</i> <i>Anonymous</i>		

Meitheamh 2014

Luan 9 ^ú	Máirt 10 ^ú	Céadaoin 11 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 12 ^ú	Aoine 13 ^ú	Satharn 14 ^ú
nótaí	nótaí	
8am	8am	<p><i>"By swallowing hurtful words unsaid, no one has ever yet harmed his/her stomach."</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"People are lonely because they build walls instead of bridges!"</i></p> <p><i>Anonymous</i></p>
5in	5in	

Meitheamh 2014

Luan 16 ^ú	Máirt 17 ^ú	Céadaoin 18 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 19 ^ú	Aoine 20 ^ú	Satharn 21 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Today is the tomorrow you worried about yesterday – and All is Well!!”</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“When a weekend doesn’t mean a change of pace, Life can become too busy!</i></p> <p><i>Think about it!”</i></p> <p><i>Anonymous</i></p>
5in	5in	

Meitheamh 2014

Luan 23 ^ú	Máirt 24 ^ú	Céadaoin 25 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 26 ^ú	Aoine 27 ^ú	Satharn 28 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Nearly all men can stand adversity, but if you want to test a man's character, give him power.”</i></p> <p>Abraham Lincoln</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“If you can solve your problem, then what is the need of worrying? If you cannot solve it, then what is the use of worrying?”</i></p> <p>Shantideva</p>
5in	5in	

Meitheamh 2014 / Iúil 2014

Luan 30 ^ú	Máirt 1 ^ú	Céadaoin 2 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 3 ^ú	Aoine 4 ^ú	Satharn 5 ^ú
nótaí	nótaí	
8am	8am	<p><i>"If you can find a path with no obstacles, it probably doesn't lead anywhere."</i></p> <p>Frank A. Clark</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Your most unhappy customers are your greatest source of learning."</i></p> <p>Bill Gates</p>
5in	5in	

lúil 2014

Luan 7 ^ú	Máirt 8 ^ú	Céadaoin 9 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 10 ^ú	Aoine 11 ^ú	Satharn 12 ^ú
nótaí	nótaí	
8am	8am	<p><i>"The degree of one's emotion varies inversely with one's knowledge of the facts -- the less you know the hotter you get."</i></p> <p>Bertrand Russell</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"The future depends on what we do in the present."</i></p> <p>Mahatma Gandhi</p>
5in	5in	

lúil 2014

Luan 14 ^ú	Máirt 15 ^ú	Céadaoin 16 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 17 ^ú	Aoine 18 ^ú	Satharn 19 ^ú
nótaí	nótaí	
8am	8am	<p><i>"There is joy in work. There is no happiness except in the realization that we have accomplished something." Henry Ford</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	<p>Domhnach 20^ú</p>
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Success is not final, failure is not fatal: it is the courage to continue that counts."</i></p>
5in	5in	<p><i>Winston Churchill</i></p>

lúil 2014

Luan 21 ^ú	Máirt 22 ^ú	Céadaoin 23 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 24 ^ú	Aoine 25 ^ú	Satharn 26 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Don’t find fault, find a remedy; anybody can complain”</i> Henry Ford</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“The nice thing about teamwork is that you always have others on your side”</i> Margaret Carty</p>
5in	5in	

lúil 2014

Luan 28 ^ú	Máirt 29 ^ú	Céadaoin 30 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 31 ^ú	Aoine 1 ^ú	Satharn 2 ^ú
nótaí	nótaí	
8am	8am	
9am	9am	<p><i>“Thinking is the hardest work there is, which is probably the reason why so few engage in it.”</i></p> <p>Henry Ford</p>
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“If you can laugh together, you can work together”</i></p> <p>Robert Orben</p>
5in	5in	

Lúnasa 2014

Luan 4 ^ú	Máirt 5 ^ú	Céadaoin 6 ^ú
nótaí Public Holiday	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 7 ^ú	Aoine 8 ^ú	Satharn 9 ^ú
nótaí	nótaí	
8am	8am	<p><i>“Great teamwork is the only way we create the breakthroughs that define our careers.”</i></p> <p>Pat Riley</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>“A leader leads by example, whether he intends to or not.”</i></p> <p>Anonymous</p>
5in	5in	

Lúnasa 2014

Luan 11 ^ú	Máirt 12 ^ú	Céadaoin 13 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1in	1in	1in
2in	2in	2in
3in	3in	3in
4in	4in	4in
5in	5in	5in

Déardaoin 14 ^ú	Aoine 15 ^ú	Satharn 16 ^ú
nótaí	nótaí	
8am	8am	<p><i>"If at first you don't succeed, then skydiving isn't for you."</i></p> <p><i>Anonymous</i></p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Leaders must be close enough to relate to others, but far enough ahead to motivate them."</i></p> <p><i>John Maxwell</i></p>
5in	5in	

Lúnasa 2014

Luan 18 ^ú	Máirt 19 ^ú	Céadaoin 20 ^ú
nótaí	nótaí	nótaí
8am	8am	8am
9am	9am	9am
10am	10am	10am
11am	11am	11am
12am	12am	12am
1pm	1pm	1pm
2pm	2pm	2pm
3pm	3pm	3pm
4pm	4pm	4pm
5pm	5pm	5pm

Déardaoin 21 ^ú	Aoine 22 ^ú	Satharn 23 ^ú
nótaí	nótaí	
8am	8am	<p><i>"If at first you don't succeed, then skydiving isn't for you."</i></p> <p>Anonymous</p>
9am	9am	
10am	10am	
11am	11am	
12am	12am	
1in	1in	
2in	2in	
3in	3in	
4in	4in	<p><i>"Leaders must be close enough to relate to others, but far enough ahead to motivate them."</i></p> <p>John Maxwell</p>
5in	5in	