



An Roinn Leanaí  
agus Gnóthaí Óige  
Department of  
Children and Youth Affairs



# Presentation to Symposium “Emotional Wellbeing – at the heart of school communities”

**Colma Nic Lughadha**  
National Co-ordinator for Children and Young People's Services Committees

4<sup>th</sup> November 2015

# Children and Young People's Services Committees

## Local interagency structures to improve outcomes for children & young people

- Committees are responsible for **improving the lives of children, young people and families** throughout the county at local and community level
- **Age remit** – 0 – 24 years
- Bring together a diverse group of public and not-for-profit organisations in **local county areas**
- Engage in **joint planning and co-ordination of services for children and young people**
- First four Committees established in **2007**; currently 22 committees in 23 counties or 27 local authority areas – at 88% coverage.
- **National roll out ongoing - all counties in Ireland will have a CYPSC**

In alignment with *Better Outcomes, Brighter Futures:*  
*The National Policy Framework for Children and Young People 2014-2020*



# Better Outcomes, Brighter Futures

**Better Outcomes Brighter Futures** is the National Policy Framework for Children and Young People 2014 – 2020





## CYPSC purpose

**Ensuring that the needs of children and young people are identified and addressed**

**Planning and co-ordinating services for children and young people in the area covered by the CYPSC**

**Ensuring effective collaboration and interagency working**

**Promoting quality, evidence-informed planning and practice**

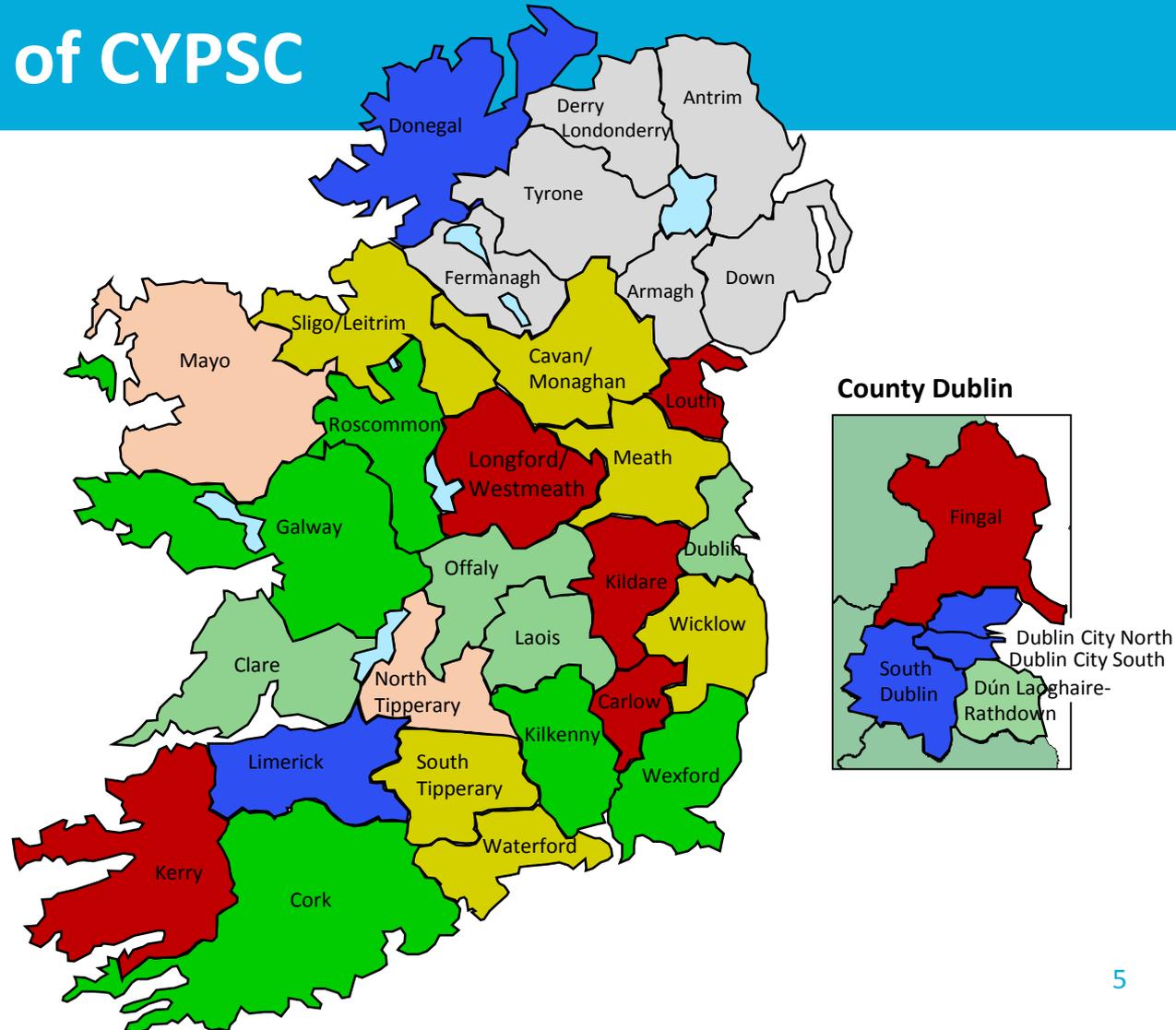
**Optimising the use of resources**

**Promoting best participation practice**



# National picture of CYPSC

- 2007-2010 Phase 1 
- 2010-2011 Phase 2 
- 2011-2013 Phase 3 
- 2014 Phase 4 
- 2015 Phase 5 



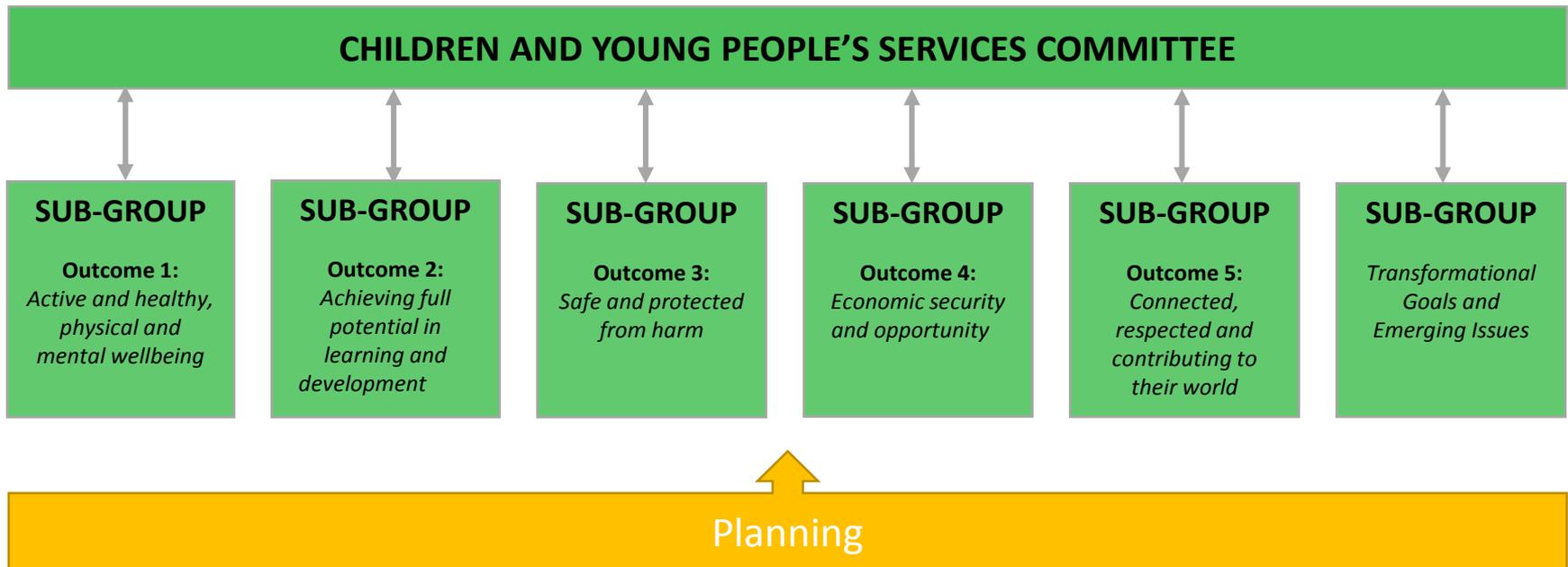
# Membership of CYPSC

The average size of a CYPSC is 16 people, senior managers, representing a range of agencies/services including





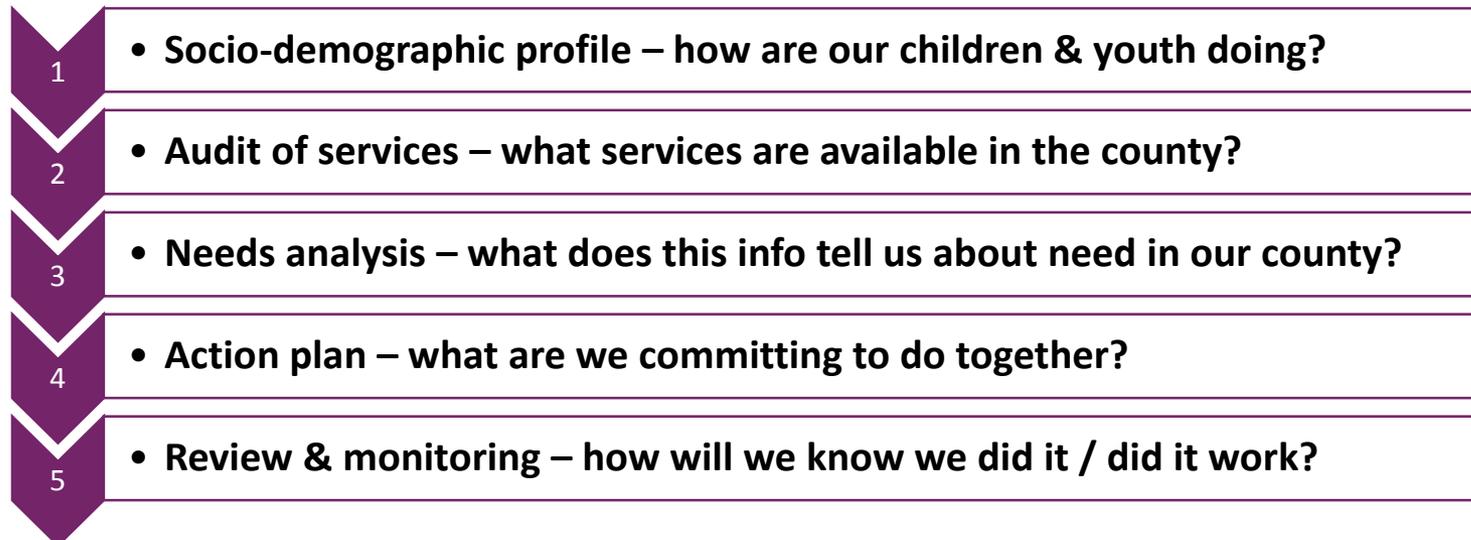
# Local structure



## Children and Young People's Services Committees and National Outcomes

Each Committee develops and implements an interagency 3 year Children and Young People's Plan for the County (CYPP), which is:

- Designed to improve outcomes for children and young people in their area
- Based on the 5 National Outcomes for children and young people in Ireland
- The CYPP includes:



# Children and Young People



Consultation with children and young people is an integral part of the development of Children and Young People's Plans (CYPP)



This is manifested through co-operative work with Comhairle na nÓg (Child and Youth Councils) and additional activities undertaken by a CYPSC and its members

## Local innovations

- A number of CYPSC have provided the local interagency foundation on which innovative projects like the Jigsaw model of community based youth mental health supports have been successfully established in a county, community or as a whole-school approach. (Donegal CYPSC, Fingal CYPSC, Meath CYPSC)
- Other CYPSC have developed *Critical Incident Protocols* to enable a co-ordinated response by community and voluntary services alongside state services to serious incidents affecting children and young people. (South Dublin CYPSC, Carlow CYPSC)
- Development of accessible, youth-friendly information resources such as the Teenage Health in Kerry / THINK Booklet that provides information on youth mental health and issues that affect young people. (Kerry CYPSC)

# Examples of interagency work

## **Sligo Leitrim:**

Youth Mental Health Steering Group application to the Department of Health for funding to develop mental health services; Provision of the Incredible Years Programme (IY)

## **Fingal, Co. Dublin:**

Collaboration for development of a partnership model to establish a part-time adolescent substance abuse counselling service

## **Kerry:**

Killarney Schools Mental Health & Well-Being Pilot Project; Referral Guidelines to Child & Youth Mental Health Services; Promoting Effective Anti-Bullying Approaches in Schools

## **South Tipperary:**

Suicide Prevention Strategy with National Office for Suicide Prevention; Provision of the IY Programme

## **Louth:**

Infant Mental Health Strategy (Genesis Programme & CYPSC); Provision of the IY Programme

## **Waterford:**

Children and Young People Mental Health Subgroup to develop an assessment & early intervention service

## **Wicklow:**

Provision of the 'Roots of Empathy' Programme (SPECS)

# Education Sector Representatives: IPPN

|                           |                            |  |
|---------------------------|----------------------------|--|
| <b>Carlow</b>             | Patricia Wall              | Formerly of Holy Family Boys National School |
| <b>Kilkenny</b>           | Maria Kelly                | Presentation Primary School                  |
| <b>Cavan Monaghan</b>     | Anna Mai Rooney            | St. Louis Girls' National School             |
| <b>Cork</b>               | Angela Lynch               | IPPN   |
| <b>Donegal</b>            | Pauric Cannon              | Scoil Cholmcille                             |
| <b>Dublin City North</b>  | Mark Candon                | St Laurence O'Toole's Junior Boys School     |
| <b>Dublin City South</b>  | Angela Mitchell            | Loreto Primary School, Scoil Mhuire Ógh      |
| <b>Fingal</b>             | Enda Mc Gorman             | Mary, Mother of Hope National School         |
| <b>Galway</b>             | Breda Dolan                | St Joseph's Special School                   |
| <b>Kerry</b>              | Ursula Coffey              | Holy Cross Mercy School                      |
| <b>Kildare</b>            | Mary Pierce                | Formerly of Scoil Naomh                      |
| <b>Limerick</b>           | Rena O'Shea                | St Munchins Girls National School            |
| <b>Longford Westmeath</b> | Brid Glynn (Longford)      | Colehill Mixed National School               |
|                           | Monica Fanning (Westmeath) | St Feichin's National School                 |
| <b>Louth</b>              | Gerry Murphy               | Formerly IPPN Executive                      |
| <b>Meath</b>              | Anne Fitzpatrick           | St Anne's, Loreto Primary School             |
| <b>Roscommon</b>          | Dr. Una Feeley             | Scoil Mhuire Convent Primary School          |
| <b>Sligo Leitrim</b>      | Jean Mc Gowan              | St. Edward's National School                 |
| <b>South Dublin</b>       | Pádraig McCabe             | St Mary's Junior National School             |
| <b>Tipperary</b>          | Tomás Ó Slatara            | Grange National School, Clonmel              |
| <b>Waterford</b>          | Janet Twigg                |  |
| <b>Wexford</b>            | Pat Goff                   | Scoil Mhuire Coolcotts                       |
| <b>Wicklow</b>            | Emer Breen                 | St Philomena's Primary School                |

# Education Sector Representatives: NAPD

|                           |                    |   |
|---------------------------|--------------------|---|
| <b>Carlow</b>             | Cyril Hughes       | Principal, Knockbeg College, Carlow                   |
| <b>Kilkenny</b>           | Shane Hallahan     | Principal, Presentation secondary School, Kilkenny    |
| <b>Cork</b>               | Mary Keane         | Principal, Christ the King Secondary School           |
| <b>Donegal</b>            | Chris Darby        | Principal, St. Eunan's College                        |
| <b>Fingal</b>             | Patricia Hayden    | Principal, St Josephs Secondary School                |
| <b>Galway</b>             | Margaret Griffiths | Vice Principal, Dunmore Community School              |
| <b>Limerick</b>           | Tom Prendergast    | Principal, CBS Sexton Street Secondary School         |
| <b>Longford Westmeath</b> | Anne Duggan        | St Joseph's College                                   |
| <b>Meath</b>              | Jackie Maher       | Principal, Scoil Mhuire, Trim                         |
| <b>Sligo Leitrim</b>      | Paul Byrne         | Deputy Principal, Carrick on Shannon Community School |
| <b>Tipperary</b>          | Seamus Ryan        | Deputy Principal, Loreto Secondary School             |
| <b>Wicklow</b>            | Lorraine Mynes     | Principal, Dominican Secondary School, Wicklow Town   |
| <b>Wexford</b>            | Michael Finn       | Principal, Gorey Com School                           |

# Education Sector Representatives: ETB

|                           |  |                              |
|---------------------------|--|------------------------------|
| <b>Kilkenny</b>           | Eileen Curtis, Marian Duffy, Martina Osborne | Kilkenny and Carlow ETB      |
| <b>Cavan Monaghan</b>     | Maureen McIntyre                             | Cavan and Monaghan ETB       |
| <b>Cork</b>               | John Fitzgibbon                              | Cork ETB                     |
| <b>Donegal</b>            | Anne McHugh                                  | Donegal ETB                  |
| <b>Dublin City North</b>  | Bernadette Sproule                           | City of Dublin ETB           |
| <b>Dublin City South</b>  | Stephen McCarthy                             | City of Dublin ETB           |
| <b>Fingal</b>             | Martin Mac Entee                             | Dublin and Dún Laoghaire ETB |
| <b>Kerry</b>              | Ann O'Dwyer, Miriam Galvin                   | Kerry ETB                    |
| <b>Kildare</b>            | Mary Kenny                                   | Kildare and Wicklow ETB      |
| <b>Limerick</b>           | Paul Patton                                  | Limerick and Clare           |
| <b>Longford Westmeath</b> | Rina McKenna, Rosemary Johnston              | Longford and Westmeath ETB   |
| <b>Louth</b>              | Karen Patton                                 | Louth and Meath ETB          |
| <b>Meath</b>              | Seamus Ryan                                  | Louth and Meath ETB          |
| <b>Roscommon</b>          | Elma Nerney                                  | Galway and Roscommon ETB     |
| <b>Sligo Leitrim</b>      | Trevor Sweetman                              | Mayo, Sligo and Leitrim ETB  |
| <b>South Dublin</b>       | Jim Mc Veigh, Roisin Mc Lindon               | Dublin and Dún Laoghaire ETB |
| <b>Tipperary</b>          | Lisa Kavanagh                                | Tipperary ETB                |
| <b>Waterford</b>          | Martin Fitzgerald                            | Waterford and Wexford ETB    |
| <b>Wexford</b>            | Martin Fitzgerald                            | Waterford and Wexford ETB    |
| <b>Wicklow</b>            | Alison Fox, Kevin Lewis                      | Kildare and Wicklow ETB      |



# Education Sector Representatives: Third Level

|                  |                      |                                   |
|------------------|----------------------|-----------------------------------|
| <b>Carlow</b>    | Catherine O'Sullivan | Carlow College                    |
| <b>Cork</b>      | Jim Walsh            | Cork Institute of Technology      |
| <b>Kerry</b>     | Aisling Sharkey      | Institute of Technology Tralee    |
| <b>Kildare</b>   | Catriona O'Toole     | Maynooth University               |
| <b>Louth</b>     | Dr. Edel Healy       | Dundalk Institute of Technology   |
| <b>Waterford</b> | Niamh Maguire        | Waterford Institute of Technology |



# Impact

| For “Service Users”   | For Professionals  | For Agencies   |
|---|--|--|
| <ul style="list-style-type: none"><li>• Improved access to services and speedier response</li><li>• Holistic approach leading to more seamless services</li><li>• Improved outcomes e.g. child able to remain at home, improvements in attainment</li></ul> | <ul style="list-style-type: none"><li>• Improved enjoyment and well-being in their working lives</li><li>• Enhanced knowledge and understanding of other professional roles</li><li>• More opportunities for personal and career development and skill acquisition</li></ul> | <ul style="list-style-type: none"><li>• Greater efficiency and greater involvement with service users</li><li>• Less duplication of services</li></ul> |

Source: A review of international evidence on interagency working to inform the development of Children’s Services Committees in Ireland. (Statham,2011)

# www.cypsc.ie

**CHILDREN & YOUNG PEOPLE**

- Active and healthy >
- Achieving in learning
- Safe and protected
- Economic security
- Participating in society



**FIND YOUR COUNTY CYPSC HERE...**

SELECT YOUR COUNTY

## ACTIVE AND HEALTHY

Below we present a range of data that provides "snap shots" of how children and young people in Ireland are doing in relation to National Outcome 1: **Active and healthy, physical and mental wellbeing.**

### Baby and infant health

- 99% of 9-month-old infants had their first 6-week check-up and subsequent vaccinations by 2 months of age (99%) and 4 months of age (98%). At 6 months, this fell to 92% (Growing Up in Ireland, 2010).



# Working Together

*When we work together we can make a positive difference to the lives of our children and young people.*

*Working together in a sustained way is challenging, takes time and requires continuous learning; but it's worth it.*

*We are doing this through Children and Young People's Services Committees.*

**(Source: Internal Communications Plan 2010-2012)**



An Roinn Leanaí  
agus Gnóthaí Óige  
Department of  
Children and Youth Affairs



# Colma Nic Lughadha

*National Co-ordinator for Children and Young People's Services Committees*

**Email:** [cypsc@effectiveservices.org](mailto:cypsc@effectiveservices.org)

**Phone:** +353 (0) 1 416 0511

**Website:** [www.cypsc.ie](http://www.cypsc.ie)

**Address:** Centre for Effective Services, 9 Harcourt St, Dublin 2

*Interagency working to improve the lives of children, young people and families in Ireland*  
[www.cypsc.ie](http://www.cypsc.ie)