

## **Books**

- [The Four Agreements](#) - Miguel Ruiz
- [Coaching For Performance](#) - John Whitmore
- [Seven Habits of Highly Effective People](#) - Stephen Covey
- [The Happiness Trap](#) - Russ Harris
- [The Happiness Habit](#) - Brian Colbert
- [The Happiness Advantage](#) – Shawn Achor
- [Successful Coaching Mentoring](#) - Ken Lawson
- [The Green Platform](#) - Declan Coyle
- [Positive Behaviour, Relationships and Emotions](#) – Jacinta Kitt
- [Good to Great](#) - Jim Collins
- [All Systems Go](#) - Michael Fulham
- [Mindset](#) - Dr. Carol Dweck
- [Outliers](#) - Malcolm Gladwell
- [Start with why](#) - Simon Sinek
- [Leaders eat last](#) - Simon Sinek
- [Flow](#) - Mihaly Csikszentmihali
- [Emotional Intelligence](#) – Daniel Goleman
- [Eat that Frog](#) – Brian Tracy
- [Awaken the Giant within](#) – Anthony Robbins

## **Websites**

- Tree Bressen's Group Facilitation Site
- Restorative Practices Ireland

## **TED Talks & YouTube videos**

- Anthony Robbins - Why we do what we do
- Simo Sinek - Start with The Why
- Rita Pierson - Every kid needs a Champion
- Margaret Heffernan - Forget the Pecking order at work
- Brian Tracy - Focal Point Coaching
- John West-Burnham - on Leadership
- Shawn Achor – The happy secret to better work

## **Articles**

- Coaching and Mentoring Practice - Jack Durkan